

It's A Wonderful Run/Walk 5K

Saturday, December 11th 2010

Start Time: 4:40pm

Name: _____

Address: _____

Email: _____

Sex: Female _____ Male _____

SENECA FALLS RESIDENTS ONLY: NYCC Student _____ Non-Student _____

Please circle: Run Walk

Age: (on 12/11/010) _____

Fee: Pre-Registration \$20.00 **After December 7th** \$25.00

It's A Wonderful Run Course is open to runners and walkers.

Please circle T-shirt size: S M L XL XXL

To guarantee a free T-shirt you must be registered before Tuesday, December 7th at 12:00am. First 300 registered receive a long sleeve technical running shirt.

Forms must be mailed to:

Kevin Korzeniewski

1 Courtney Drive

Seneca Falls, NY 13148

Please make checks payable to: ***It's a Wonderful Run***

Race Release/Waiver:

I understand that running a road race requires a certain amount of physical fitness, along with both a mental and physical preparedness to complete. I understand that running the It's A Wonderful Run 5k, I am doing so by my own choice with the understanding there is risk involved in all road races. I understand risks include, falls, slippery roads, traffic, low temperatures and all known risks are assumed by me as a competitor. I will not hold anyone involved in the It's A Wonderful Run 5k accountable for any injuries that occur to me during the race. I understand there will be no refunds for the race. I agree to the use of any of my photos to be used for future event promotions. All proceeds go to the Seneca County House of Concerns and the "It's a Wonderful Life Committee".

(Signature)

(Date)

<http://www.itsawonderfulrun5k.com/>